

Foundations of Intentional Leadership



Mastering self-leadership is the foundation to leading others effectively.

Over six days across three months, this immersive experience will equip you with essential leadership skills, helping you enhance self-awareness, develop high-performing teams, and manage workplace challenges effectively.

Key skills

- Self awareness
- Performance and time management
- Communication and conflict resolution
- Adaptive leadership

Learning outcomes for managers

- Understand the important role of a manager and a leader
- Improve self-awareness and understand how these elements impact your leadership style
- Develop techniques to lead a high-performing team
- Empower your people and manage performance for optimal outcomes
- Understand how you fit into the bigger picture of the team and the organisation

Upon completing the course, participants said they:

- Deliberately create safe spaces for conversation and tailor messages appropriately to the audience
- Manage time effectively while considering the motivational factors of their team and adjusting time management strategies as needed
- Recognise barriers to communication and use tools like SCARF and DiSC to enhance clarity
- Communicate with intent, listening to understand the message rather than simply responding

Benefits and inclusions

- 12-month membership with IML
- 3 diagnostic reports that will help you gain insight into you and your team's leadership styles and behaviours
- 2 coaching sessions per participant
- Access to the mentoring program and its online portal
- Opportunity for Certified Practising Manager (CPMgr) accreditation

Invest in your leadership development.

Contact us at corporate@managersandleaders.com.au to discuss enrolment options.

48 CPD Credits

After the completion of this course.