

Essentials



This practical two-day course is designed for new and aspiring managers who want to develop essential leadership skills, from self-awareness and people management to conflict resolution and team performance.

This course will help you to become a leader that fosters growth, confidence and high performance.

Key skills

- Self regulation and empathy
- Reflective thinking
- Communication
- Conflict resolution
- Workplace culture development

Learning outcomes for managers

- Develop self-awareness and leadership confidence
- Improve communication, performance management and motivation
- Learn conflict resolution strategies and build a positive culture
- Become equipped with essential leadership skills

Upon completing the course, participants said they:

- Adapt communication strategies to suit their colleague's preferences and the way they respond
- Actively work to help their team move beyond the "storming" phase and progress to the 'norming' and 'performing' phases
- Listen to their team more, meet with them more frequently, and consider their DISC profiles when interacting
- Be conscious of themselves, ensuring they are open, approachable, and present for their team

Benefits and inclusions

- Quick and effective learning for fast applicable results
- 12-month membership with IML
- Two days of virtual or face-to-face learning
- Receive diagnostic reports (DISC Profiling and IML360 Feedback) and access to the online learning portal
- Access to the mentoring program and its online portal

Invest in your leadership development.

Contact us at corporate@managersandleaders.com.au to discuss enrolment options.

16 CPD Credits

After the completion of this course.